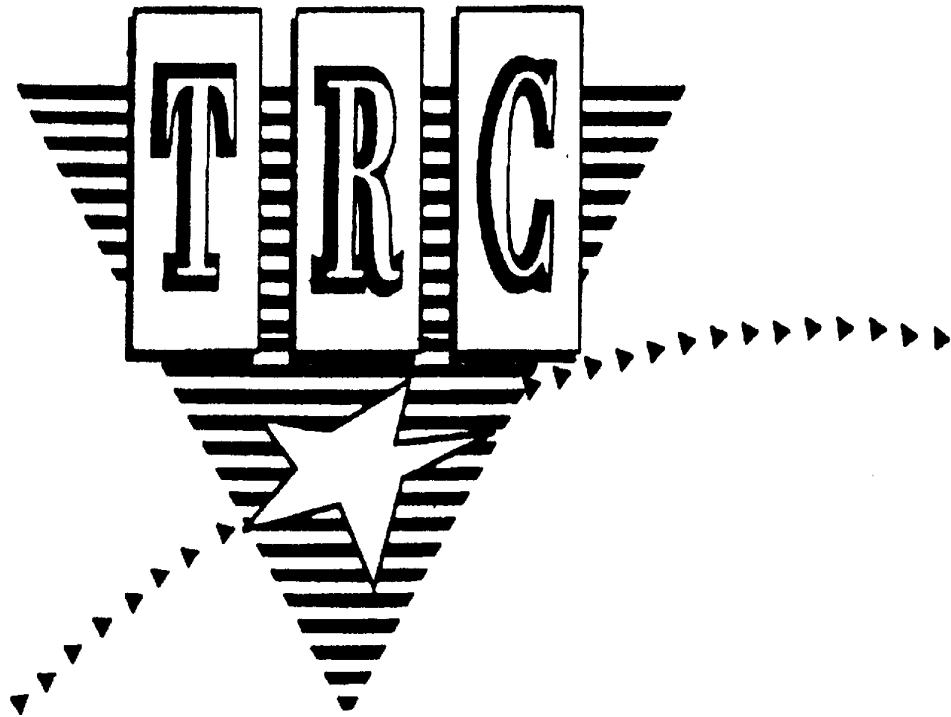


**MONTGOMERY THERAPEUTIC
RECREATION CENTER
SPRING AFTER-SCHOOL BROCHURE**

January 6, 2015 - May , 2015

TURNING DISABILITIES INTO WINDOWS OF OPPORTUNITIES!



“THE BENEFITS ARE ENDLESS”

GENERAL INFORMATION

Hours of Operation: The TRC is open the following times:

Monday, Tuesday, Thursday	8:00am to 7:00pm
Wednesday and Friday	8:00am to 5:00pm
Saturday	9:00am to 12:00pm

City Holidays: The TRC will be closed the following holidays:

MLK Holiday - Mon, January 19, 2015 President's Day - Mon, February 16, 2015
Memorial Day - Mon, May 25, 2015

REGISTRATION NOTES

1. Registration for Spring semester is Saturday, December 6, 2014 from 9:00am - 12:00pm and Monday, December 8, 2014 through Friday, December 12, 2014 from 8:15am until 5:00pm.
2. Be sure to note the days that each program will not meet during the semester.
3. All participants must register and pay programs fees (when applicable) each semester prior to participation. *Fees are nonrefundable!*
4. Some programs are limited in size and are filled on a first come, first serve basis.
5. Orientation for all Wellness members and assessments for after-school participants are required. Please call for an appointment.
6. Participants should bring more than one check to register to be receipted in different accounts for some programs. All checks should be payable to MTRC.
7. Mailed registrations will not be accepted. Wellness members must register at TRC. After-school participants can register on-line or at TRC.

Personal Belongings: The TRC is not responsible for any personal valuables at the center. Please do not bring jewelry, cash, cellular phones, and other items of value to the center.



New Program Symbol: When you see this symbol in the brochure, it represents a new program being offered in the center. Please take the time to read all of our new program offerings.

ADULT DAY PROGRAM

MTRC offers a day program for the individuals who are 21 years of age and older. Participants will engage in various activities such as arts and crafts, music, swimming, computer activities and much, much more. Individuals will go on community based outings. This program is fee based. For fees and more information, contact Wendy Dobbs.

Days:.....Mon. - Fri.
Time:.....8:00am - 3:00pm
Ages:.....21 years and older
Contact:.....Wendy Dobbs

PEDIATRIC PROGRAM

Come be part of this fun program in our new location. We have many new innovative products to engage and inspire your children! Each week, children will experience a wide variety of activities to improve fine and gross motor skills, sensory difference, trunk balance and much, much more. During the first hour, children are engaged in a wide range of activities and during the second hour, children are engaged in the indoor heated pool.

Day:..... Fri.
Time:.....10:30am - 12:00pm
Limit:.....4
Ages:.....2 - 5 years of age
Contact:.....Wendy Dobbs

PARENT INFORMATION

PLEASE PUT YOUR CHILD'S NAME IN/ON ALL ITEMS BROUGHT TO TRC TO ASSIST STAFF WITH LOST ITEMS, (EX.COATS, TOWEL, BOOK BAGS ETC.)

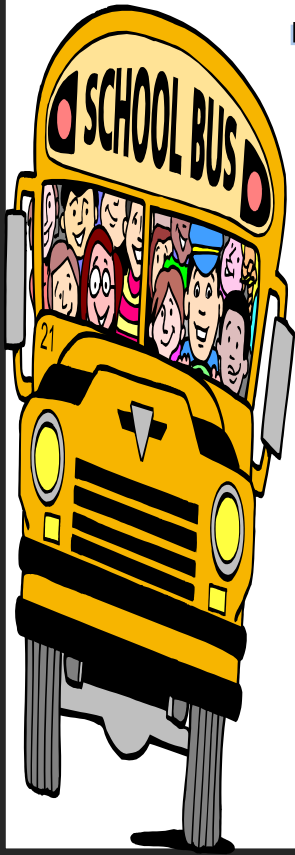
Personal belongings: The TRC is not responsible for any personal valuables at the center. Please do not allow your participant to bring jewelry, cash, cellular phones, or any other items of value to the center.

LATE FEES

Effective October 3, 2005 a late fee will be charged daily when a participant is picked up late. You will be given a grace period of 15 minutes. For every minute that you are late, \$1.00 will be charged. Late fees must be paid before participants next scheduled pick-up date.

?????THIS WAY TO ONLINE REGISTRATION INFORMATION

PARENT INFORMATION



TRANSPORTATION REMINDER

**IT IS VITAL THAT WE KNOW IF YOUR
CHILD WILL NOT BE IN SCHOOL.**

**BE SURE TO CALL MTRC EACH DAY YOUR CHILD
WILL BE ABSENT FROM AN AFTER-SCHOOL
PROGRAM TO HELP US FACILITATE OUR
TRANSPORTATION PROGRAM.**

**FAILURE TO NOTIFY MTRC THREE TIMES IN A
SEMESTER MAY RESULT IN SUPENSION OF
YOUR CHILD BEING TRANSPORTED BY MTRC.**

**IN ORDER TO ASSURE TRANSPORTATION FOR YOUR CHILD FROM
SCHOOL, ALL REGISTRATION AND TRANSPORTATION FORMS AND
FEES MUST BE TURNED IN AND PAID BY DECEMBER 12, 2014.**

**BE SURE TO CHECK OUT
OUR ADAPTIVE SPORTS
PROGRAM. FOR
QUESTIONS REGARDING
PROGRAMS, CONTACT
CORATIO VINSON AT
(334)240-4595.**

**You must register your
child in a program that is
offered for their
chronological age and
their functional ability.**



MTRC Tiger Basketball

Here comes the MTRC Tigers baby!! Basketball season is upon us. If you love basketball and are interested in being on a team, join the Tigers. During practice we will focus on the fundamentals needed to play basketball as well as compete in games. *Program will not meet Jan. 19, Feb. 16, Mar. 23, 27, Apr. 3, 10 & 24.*
Day:.....Mon. & Fri.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....13 and up
Limit:.....25
Contact:.....Coratio Vinson

Blue Marlin Swim Team

Participants must be able to swim the length of the pool using both freestyle and the backstroke. All athletes must have the desire to work and train hard. The team has a parent support group that meets the second Thursday of each month. *Program will not meet Feb. 5, Mar. 24 & 26.*
Days:.....Tues. & Thurs.
Time:.....
Adult Swimmers:.....2:00 - 3:30pm
After-school:.....4:00 - 5:00pm
Level:.....II, III
Age:.....9 years and older
Limit:.....20
Contact:.....Ralph Evans

TRC Easy Riders

TRC Easy Riders are excited about Spring semester. We will continue to improve our skills needed to compete in upcoming horseshows. *Program will not meet Feb. 5, Mar. 24 & 26.*
Days:.....Tues. & Thurs.
Time:.....2:00 - 3:30pm
Time:.....4:00 - 5:00pm
Level:.....I, II, III
Limit:.....6 for each time slot
Cost:.....\$150.00 or monthly installments of \$30.00
Contact:.....Marie Walker

Strikers The team will work on developing skills for competition at all local and state Olympic Tournaments. The team practices at Bama Lanes. *Pick up for all Strikers will be at Bama Lanes. Program will not meet Mar. 27, Apr. 3, 10, 24 & May 15.*
Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:..... III
Limit:.....15
Cost:.....\$63.00
Contact:.....Chris McNeil

ADAPTIVE SPORTS

Wild Card Wednesday

This is a fun and exciting multi-sport program designed to focus on individualized Special Olympics sports. We will cover track and field, golf, bocce and tennis. *Program will not meet Mar. 25.*
Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....13 years and up
Limit:.....20
Contact:.....Coratio Vinson

Pickleball Do you enjoy tennis, ping-pong or a game of badminton, then you should sign up for pickleball. *Program will not meet Feb. 5 & Mar. 26.*
Day:.....Thurs.
Time:.....4:00 - 5:00pm
Level:..... III
Age:.....13 years and up
Limit:.....10
Contact:.....Coratio Vinson

TRY OUR NEW ADAPTIVE SPORTS PROGRAM PICKLEBALL - IT'S FUN, EXCITING AND FAST PACE.



DON'T FORGET TO COME AND SUPPORT THE MTRC TIGERS AT THE HOOP IT UP

TRC AFTER-SCHOOL PROGRAMS

TRC LEVEL PROGRAM

Before Spring Semester begins all TRC participants that have not been assessed will need to schedule an appointment before registering. Participants that were assessed before Spring Semester 2013 will need to be re-assessed. Reassessments must be done every two years for current participants to identify improved functional abilities and new leisure interest. During the assessment, a level of functional ability will be determined for each participant. Participants are only allowed to register for programs that are offered for their functional ability. Please note that many programs have a limit for participation which is on a first come, first serve basis. However this does not apply to team sports or clubs whereby a participant has been in for years. If your child is interested in a team sport or club, please call the contact person for that program. If parents have questions about our process please, call Wendy Dobbs.

MONDAY

Jag Girls This young women's group will work on building character and participate in activities that foster a positive self image including special guests, dinner together, dinner out and birthday parties. Parents, caregivers and group home staff are responsible for birthday parties and sign-up dinners to feed 20 people. All participants must be in an after-school program. Participants may not be dropped off for this program until 5:00pm. Program will not meet Jan. 19, Feb. 16 & Mar. 23.

Day:..... Mon.
 Time:..... 5:30 - 7:00pm
 Level:.....II, III
 Age:..... 25 years and up
 Limit:.....15
 Cost:.....\$10.00 annual dues
\$5.00 monthly fee
 Contact:.....Wendy Dobbs

Monday Mastery

(Movement & More) In this class, participants will experience a wide variety of movement experiences and table activities to help with basic motor abilities. Participants will engage in activities such as obstacle courses, frisbee tic tac toe, beach ball toss with questions to egg carton games. It will challenge each individual mentally and physically. This class will be loads of fun! **Program will not meet Jan. 19, Feb. 16 & Mar. 23.**

Day:.....Mon.
 Time:.....4:00 - 5:00pm
 Level:.....I, II
 Limit:.....10
 Cost:.....\$10.00
 Contact:.....Wendy Dobbs

Craft Fever Do you have the craft fever? Then this class is for you. There will be a variety of craft projects that will be created. All you need is an imagination to design. Your projects will be featured at the Alabama National State Fair. **Program will not meet Jan. 19, Feb. 16 & Mar. 23.**

Day:.....Mon.
 Time:..... 4:00 - 5:00pm
 Level:.....III
 Age:.....12 and older
 Limit:.....10
 Cost:.....\$10.00
 Contact:.....Pamla Tilghman

After-School Splash

This after-school program consists of a small group given time for water play and exploration. There will be some fundamentals of water skills introduced and structured activities in the water. Parents are encouraged to join their children for this program. **It is Mandatory that proper swim attire is required for this class every week.** Program will not meet Jan. 19, Feb. 16 & Mar. 23.

Day:.....Mon.
 Time:.....4:00 - 5:00pm
 Level:.....I
 Limit:.....8
 Contact:.....Jeffery Barlow

TRC Round Up

TRC Round-up, It's time for Spring Semester, so sign up and learn the basic skills you need for horseback riding. This class will help you with your balance, muscle tone, posture, coordination, and motor skills. This program also allows participants to move up and compete with the TRC Easy Riders, based on a evaluation by the instructor. **Program will not meet Jan. 19, Feb. 16 & Mar. 23.**

Day:.....Mon.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Limit:.....6
 Cost:.....\$30.00
 Contact:.....Marie Walker

If your child is registering for one of the aquatic classes, please send his/her proper swim attire for each class every week.

TRC AFTER-SCHOOL PROGRAMS

Low Impact Aerobics

This class is designed with fitness in mind as we do fast and slow stretches using mats and balls to music for 30 minutes. The remainder 30 minutes of the class is spent in the weight room using various machines and equipment to tone specific muscle groups. *Program will not meet Jan. 19, Feb. 16 & Mar. 23.*

Day:..... Mon.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....12
Contact:.....Wendy Dobbs


TUESDAY

Green Thumb Garden Club

Have a green thumb? Do You mind getting your hands dirty? Come learn how to grow vegetables, flowers and house plants. See what it takes to care for a garden. *Program will not meet Mar. 24.*

Day:.....Tues.
Time:.....4:00 - 5:00pm
Level:.....II, III
Age:.....12 years and older
Limit:.....10
Contact:.....Pamla Tilghman

Tasty Tuesday

 During Tasty Tuesdays participants will learn about different cultures and have a chance to prepare different meals within each culture. Each month 2 different cultures will be discussed and participants will get a chance to prepare and eat their creations! *Program will not meet Mar. 24.*

Day:.....Tues
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....12
Cost:.....\$50.00
Contact:.....Wendy Dobbs

Gentlemen's Club

Attention! We are looking for eager males who are wanting to become the finest gentlemen that they can be. This program's focus will be building the qualities and characteristics that truly define what it is to be considered a distinguished gentleman. *Program will not meet Mar 24.*

Day:.....Tues.
Time:.....4:00 - 5:00pm
Level:.....III
Limit:.....15
Cost:.....\$25.00
Contact:.....Edward Woods

Let's Talk About It

This program is for teens and young adults who are having trouble expressing their thoughts and feelings. This program is only a program to encourage self-confidence, self-control and to offer a forum and opportunity to participants to discuss things such as peer pressure, fitting in, self image, or just being different or whatever is on their minds. *Participants must have verbal skills to participate in this class. Program will not meet Mar 24.*

Day:.....Tues.
Time:.....4:00 - 5:00pm
Level:..... III
Limit:.....10
Age:.....Must be 16 and older
Contact:.....Joye Bigelow

Board Walk, Puzzles &

More Enjoy and learn a variety of board games that participants can share at home with family and friends. This class will also combine the puzzles and more program and alternate weeks for playing games and solving puzzles. *Program will not meet Mar 24.*

Day:.....Tues.
Time:.....4:00 - 5:00pm
Level:.....I, II, III

Limit:.....12
Cost:.....\$15.00
Contact:.....Brad Ellis

WEDNESDAY

Let's Go Swimming This is a learn to swim program. This program is for participants that have the ability and want to learn to swim. Participants will be taught to tread water, entering and exiting the pool without assistance, and the fundamentals of swimming, freestyle and elementary backstroke. *It is mandatory that proper swim attire is brought for this class every week. Participants must have been exposed to water activities prior to being register for this program.* *Program will not meet Mar. 25.*

Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....12
Contact:.....Jeffery Barlow

What's Cooking? This program is designed for cooking simple salads and desserts step by step which will enable our participants to become more independent in the kitchen. At the end of the semester the participants will prepare a meal and receive a cookbook containing the recipes they prepared. *Program will not meet Mar. 25.*

Day:.....Wed.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....12
Age:.....15 years and up
Cost:.....\$45.00
Contact:.....Wendy Dobbs

TRC's Playground Palooza

For this fun program we will spend the afternoon on TRC's new and improved play-

TRC AFTER-SCHOOL PROGRAMS

ground. We will run, jump, climb, and slide until our hearts content. If the weather is uncooperative, we will enjoy games or sing songs inside TRC. *Program will not meet Mar. 25.*

Day:.....Wed.
 Time:.....4:00 - 5:00pm
 Level:.....I, II
 Limit:.....12
 Contact:.....Wendy Dobbs

Music Matters

This will be an introduction to music skills class taught by Mrs. Gene Davis. The class will include singing, rhythm instruments and handbells. *Program will not meet Mar. 25.*

Day:.....Wed.
 Time:.....4:00 - 5:00pm
 Level:.....II, III
 Limit:.....8
 Cost:.....\$20.00
 Contact:.....Wendy Dobbs

TRC Drama Club

Now is the time to register for the 2015 Drama Production. This is for adolescents and adults who enjoy performing in front of an audience. You must be able to participate in the production that will be performed in November in 2015. *Program will not meet Mar. 25.*

Day:.....Wed.
 Time:.....4:00 - 5:00pm
 Level:.....III
 Age:.....12 years and older
 Limit:.....10
 Contact:.....Pamla Tilghman

Giddy Up


We are going to giddy up and enjoy the therapeutic movement of a

horse. No riding skills will be taught in this class. We will absolutely have a great time feeling the movement of the horse after we do some finger painting and give them a treat. *Program will not meet Mar. 25.*

Day:.....Wed.
 Time:.....4:00 - 5:00pm
 Level:.....I
 Limit:.....6
 Cost:.....\$40.00
 Contact:.....Marie Walker

THURSDAY

Mind Games

 This class focuses on cognitive domain for all levels. The class is designed to stimulate the participant's mind while participating in fun therapeutic activities provided by TRC staff. In the class the participants will engage in numbers, pictures, letters recognition, reading ability and following directions. White board games will also be included such as hangman and team games. These activities will also be great for encouraging social interaction, following directions and sportsmanship. Let the fun begin! *Program will not meet Feb. 5, Mar 26 & May 14.*

Day:.....Thurs.
 Time:.....4:00 - 5:00pm
 Level:.....I, II, III
 Limit:.....10
 Contact:.....Wendy Dobbs

Sensory Fun

Sensory Fun is a class designed to stimulate all the senses. The goal is to provide your child with the opportunity to express their creativity through colors, shapes, and sensory stimulating arts-n-craft projects that will foster calm and create loads of fun! *Program will not meet Feb. 5, Mar 26 & May 14.*

Day:.....Thurs.
 Time:.....4:00 - 5:00pm
 Level:.....I

Limit:.....10
 Cost:.....\$12.00
 Contact:.....Pamla Tilghman

MTRC Dance And Karaoke

Do you love to sing and dance? Then this is the program for you. We will dance till we drop and sing our hearts out. We will have Fun! Fun! Fun!. Fee pays for new music and end of semester pizza party. *Program will not meet Feb. 5, Mar 26 & May 14.*

Day:.....Thurs.
 Time:.....4:00 - 5:00pm
 Level:.....I, II, III
 Limit:.....20
 Cost:.....\$10.00
 Contact:.....Joye Bigelow

FRIDAY

Fantastic Four (Colors, Shapes, Numbers & Letters)

This program will do all sorts of fun things to link math and art. During this time, participants will do lego pattern building, beads & ice cubes trays, sorting with clay and I spy bottles just to name a few. Art projects will include tactile collages, crayon resist and canvas letter name finger painting. These participants will work on math skills, fine motor skills and visual attention all while having fun without realizing they are learning at the same time. *Program will not meet Mar. 27, Apr. 3, 10, 26 & May 15.*

Day:.....Fri.
 Time:.....4:00 - 5:00pm
 Level:.....I, II, III
 Limit:.....10
 Cost:.....\$15.00
 Contact:.....Wendy Dobbs

IF YOU HAVE ANY QUESTIONS OR CONCERNS REGARDING A SPECIAL EVENT OR PROGRAM, PLEASE DO NOT HESITATE TO CALL MTRC. LOOK FOR THE CONTACT PERSON'S NAME AT THE BOTTOM OF THE PROGRAM AND CALL (334) 240-4595.





Tissue Paper Art

Tissue Paper art is a fun way to express yourself through colors and a variety of texture. This class will help build creativity, hand/eye coordination and a sense of achievement. Please join. I promise you will have fun!! **Program will not meet Mar. 27, Apr. 3, 10, 26 & May 15.**

Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:.....I, II
Limit:.....10
Cost:.....\$15.00
Contact:.....Pam Tilghman

MTRC Movie Theatre

Do you enjoy action packed movies, while munching on popcorn and drinking soda? If this sounds good to you, then come join this fun group and watch a great movie.

Fee pays for popcorn, drink and new movies. Program will not meet Mar. 27, Apr. 3, 10, 26 & May 15.

Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:.....I, II, III
Limit:.....20
Cost:.....\$20.00
Contact:.....Brad Ellis

Zumbatomic (Zumba kids

program) Forget soccer or karate class, get them involved in the Zumba kids program. Zumbatomic is a fun, healthy program for kids using the Zumba fitness concept. It's a dance fitness class specially adapted for kids that incorporate ZUMBATIC music and dance movement which creates an exciting, fun and effective exercise. This program uses music that is 100percent friendly. The goal of ZUMBATIC is that the kids will develop a healthy lifestyle and learn to incorporate fitness as a natural part of their lives. Developing a healthy lifestyle includes, leadership, respect, teamwork,

pride, coordination and self-confidence. ZUMBATIC is a explosion of music, dance and energy!!! **Items to bring and wear to class:** a towel, and a bottle of water. Please wear loose fitting clothing and sneakers or dance shoes that are comfortable but without a lot of tread. In this class it's about the dance moves.....it's getting them to move!!!! So DITCH THE WORK, and Join the Party!!!! **Zumbatomic will take place in the pool for an Aqua Zumba class every 3rd Friday. Please bring your swimsuit, towel and aqua shoes.** Program will not meet Mar. 27, Apr. 3, 10, 26 & May 15.

Day:.....Fri.
Time:.....4:00 - 5:00pm
Level:.....II, III
Limit:.....10
Contact:.....Ralphina Evans



This symbol represents a new program being offered in the center. Please take the time to read all of the programs being offered this semester.

DON'T FORGET TO SIGN UP FOR ONE OR MORE OF OUR SPECIAL EVENTS.

PLEASE BE MINDFUL WHEN REGISTERING YOUR CHILD OF THE DATES OF THE SPECIAL EVENTS, TO ENSURE THAT YOU DON'T REGISTER YOUR CHILD FOR TWO EVENTS ON THE SAME DAY.

The Adaptive Sports Department is always looking for new athletes to join their teams. See Coratio Vinson.

PARENT'S

TO HELP ASSIST US WITH DECREASING THE AMOUT OF LOST ITEMS, PLEASE PUT YOUR CHILD'S NAME ON ALL THEIR CLOTHING, BOOKBAGS, COATS, TOWELS, SWIMMING ATTIRE, ETC.

SPECIAL EVENTS

Hoop It Up The MTRC Tigers will play host to several teams in the area. If you love to watch Special Olympic athletes compete, come out and support this event.

Date:.....Friday, January 23, 2015
Cost:.....\$20.00 per team
Contact:.....Coratio Vinson

Alice In Wonderland At

ASF Come join us at the Alabama Shakespeare with the production of Alice in Wonderland. A story of a girl who disappears down a rabbit hole to a fantastic place of bizarre adventures. Let's see what she finds.

Date:.....Saturday, Jan. 31, 2015
Time:.....2:00pm
Level:.....III
Limit:.....10
Cost:..... \$30.00
Contact:.....Pamla Tilghman

Valentine Dance Come in your Valentine colors of red, pink, white and purple and dance the evening away. Enjoy good friends and good food. You may even find some sweets for the sweetie. After-school programs are cancelled for this event.

Date:.....Thursday, Feb. 5, 2015
Time:.....7:00 - 9:00pm
Cost:.....\$4.00 per person
Contact:.....Pamla Tilghman

Be My Valentine Do you have a special person that you want to make a special gift for? Then bring your imagination and your desire and we will eat, go shopping for the items to go in your basket. Then we will return to TRC to wrap your special gifts. Participants must bring monies to shop with. Participants

must be able to choose gifts for their loved ones and have the ability to assist in wrapping their gifts. Fee pays for dinner, basket, wrap, bows, etc.
Date:.....Friday, Feb. 6, 2015
Time:.....5:30 - 10:00pm
Level:.....II, III
Limit:.....10
Cost:..... \$24.00
Contact:.....Joye Bigelow

Girl's Night Out Girl's Night Out has been such a blast in the past, so we are doing it again! We will go out to eat at one of Montgomery's local restaurants and attend a movie. Don't miss out on all the FUN!!!!

Date:.....Friday, Feb. 27, 2015
Time:.....5:30 - 10:00pm
Level:.....III
Age:.....18 years and up
Limit:.....15
Cost:..... \$37.50
Contact:.....Joye Bigelow

Girl's Lock In Hey! It's a Lock-In at TRC. We are going to have lots of fun and excitement. We will swim, play games, do girly things, watch movies until we drop. We will eat pizza and have lots of snacks to munch on. In the morning we will go to the International House of Pancakes (IHOP) to have breakfast. Fee pays for dinner, breakfast and events for the evening.

Date:.....Fri. - Sat., Mar. 6 - 7, 2015
Time:.....Fri. - 5:30pm - Sat.10:30am
Level:.....III
Age:.....16 years and up
Limit:.....15
Cost:..... \$32.00
Contact:.....Joye Bigelow

Pump It Up and Other Adventures

We will have a busy day with many adventures! First, the group will start the morning with games in the gym. Barbara Grimes will come in and each participant will paint an Easter surprise to take home. We will then travel to Pump it Up for a memorable experience. TRC will also enjoy their own private time playing on giant inflatables (a waiver form will have to be signed in order to participate). The group will eat lunch and then finish the day swimming at TRC. Fee pays for all activities and lunch.

Date:.....Wednesday, Mar. 25, 2015
Time:.....8:00am - 4:00pm
Level:.....I, II, III
Limit:.....24
Cost:..... \$30.00
Contact:.....Wendy Dobbs

Lunch & Bowl Do you enjoy bowling and spending time with friends? Well, this is the perfect event for you! Bring your bowling ball and let's spend the day at the bowling alley. We will also eat lunch at the bowling alley. So don't miss out!

Date:.....Thurs., March, 26, 2015
Time:.....10:00am - 2:00pm
Level:.....I, II, III
Limit:.....must have 15 min
Cost:..... \$15.00
Contact:.....Brad Ellis



**DON'T FORGET TO
SIGN UP FOR THE
VALENTINE DANCE**

SPECIAL EVENTS CONT.

MTRC

Hollywood Connection

Boasting the largest indoor funplex in Southeast Alabama, you don't want to miss out on this event! Join us for skating, Mini-Golf, Laser Tag and Inflatables. Then stay for the South's Best Pizza at Lieutenant's Diner. Get up! Get out! Go Hollywood Connection! **Fee pays for lunch and all activities.**

Date:..... Fri., Mar. 27, 2015
Time:.....8:00am - 5:00pm
Level:.....I, II, III
Limit:.....must have 15 min.
Cost:..... \$45.00
Contact:.....Brad Ellis

ASU Hoop Night

We will be taking a trip over to ASU to watch the Hornets battle Prairie View A & M. We will have dinner before the game, so don't miss out on an evening of fun and excitement.

Date:..... Mon., Mar. 2, 2015
Time:.....5:00 - 9:00pm
Level:.....II, III
Limit:.....20
Age:.....13 years and older
Cost:.....\$30.00
Contact:.....Coratio Vinson

The Formal Enjoy an evening of elegance in your Black and White attire. The theme is "In the Dawn of the Night". Don't miss the crowning of King and Queen as they take their Royal walk. Remember to hold on to your ticket because you may be the winner. **After-school programs are cancelled for this event.**

Date:.....Fri., April 10, 2015
Time:.....7:00 - 9:00pm
Cost:.....\$4.00 per person
Contact:.....Pamla Tilghman

Spring Camporee

Montgomery will host this event this year; therefore, this will be one for the books!

Enjoy a weekend with friends from all around the state participating in fun activities such as a Montgomery Biscuits game, an all you can eat cook out with a meet and greet, a horse show with interactive games, horse racing, swimming, bowling and can't forget a Magic show and dance and MUCH! MUCH! MORE! Don't miss out on this fun-filled weekend and get a chance to meet new friends and see old faces. **After-school programs area cancelled for this event.**

Date: Fri., Apr. 24 - Sun. Apr. 26, 2015
Time:.....TBA
Level:.....I, II, III
Age:.....14 & Older
Limit:.....20
Cost:.....TBA
Contact:.....Chris McNeil

TRC Awards Banquet

This is a very special evening where we recognize all the after-school participants. TRC will provide the main dishes; we ask that each family bring a dessert for this event. **After-school programs are cancelled for this event.**

Date:.....Thurs., May 14, 2015
Time:.....6:00 - 8:00pm
Cost:.....FREE
Contact:.....Wendy Dobbs

**CHECK OUT ALL OF
THE NEW
PROGRAMS FOR THE
SPRING SEMESTER.**

PARENT'S

**PLEASE BE
MINDFUL OF PICK UP
AND DROP OFF
TIMES FOR ALL
SPECIAL EVENTS**

**THE HOOP IT UP
TOURNAMENT IS
SCHEDULED FOR
FRI., JAN. 23, 2015**

Wheelchair Billiards Tournament

We are currently working with the Wheelchair Billiards Association (WBA) in hopes of bringing a tournament of players from around the United States to Montgomery, Alabama. For more information, please contact Coratio Vinson at (334) 240-4595.

Date:.....TBA
Time:.....TBA
Cost:.....TBA

ONLINE REGISTRATION

1. Decide on programs: fill out registration form.
2. Enter www.montgomeryal.gov
3. Next, place the cursor on “How Do I” at the top of screen.
4. A drop down menu will appear and underneath the heading “Register”, Click on Therapeutic Recreation Center.
5. The link to register will be on Therapeutic Recreation Center’s page.
6. Remember if you access the site before 9:00am you will need to hit the refresh button before continuing to register.

FREQUENTLY ASKED QUESTIONS

Who can register?

Online registration is for fall semester program and participants wanting to register for the fall semester. These participants should be able to register from any computer with internet access.

How do we know who registered?

The server will have a clock that measures to the second. Therefore, the online registration company will know who finished registering before 9:00am.

Will anyone be able to register before 9:00?

NO! The company will not let you register before 9:00am.

What if I don't have a computer?

The MTRC will be open Sat., December 6, 2014, so you may use one of the computers at the center. There will be staff available to assist you with your registration. Fees are due upon registration and you must have a registration form filled out properly.

When are fees due?

All fees are due in full by Friday, December 12, 2014, or your registration will be cancelled.

There will be a \$6.00 registration fee for all spring programs.

SPRING 2015 REGISTRATION

Date _____

Name: _____
 Home Phone: _____
 Level: I II III
 Parent/Guardian _____
 Address _____
 City: _____
 State: _____ Zip: _____

Daytime Phone: _____
 D.O.B. _____
 E-mail Address _____ @ _____
 Emergency Contact: _____
 Emergency number: _____
 Disability: _____

Directions: Please indicate the activities you/your child would like to attend this semester.

MONDAY

- ___ Jag Girls II, III
- ___ Monday Mastery I, II
- ___ After-school Splash I
- ___ TRC Round-UP II, III
- ___ Low Impact Aerobics II, III
- ___ Craft Fever III

TUESDAY

- ___ Tasty Tuesday I, II
- ___ Gentlemen's Club III
- ___ Green Thumb Garden Club II, III
- ___ Blue Marlin Swim Team II, III
- ___ Let's Talk About It III
- ___ Boardwalk, Puzzles & More I, II, III

WEDNESDAY

- ___ Playground Palooza I, II
- ___ What's Cookin? II, III
- ___ Giddy Up I
- ___ Let's Go Swimming II, III
- ___ TRC Drama Club III
- ___ Music Matters II, III

THURSDAY

- ___ Mind Games I, II, III
- ___ MTRC Dance/Karaoke I, II, III
- ___ Sensory Fun I
- ___ Blue Marlin Swim Team II, III

FRIDAY

- ___ Tissue Paper Art I, II
- ___ Movie Theatre I, II, III
- ___ Zumbatomic II, III
- ___ Strikers II, III
- ___ Fantastic Four I, II

ADAPTIVE SPORTS

- ___ Pickleball II, III
- ___ TRC Easy Riders I, II, III
- ___ Tigers Basketball II, III
- ___ Wild Card Wednesdays II, III

DAY PROGRAMS

- ___ Day Program
- ___ Pediatric Program

SPECIAL EVENTS

- | | | |
|--|-----------------------------|---|
| ___ Hoop It Up Tournament \$20.00 per team | ___ Girls Night Out \$37.50 | ___ Hollywood Connection \$45.00 |
| ___ Alice in Wonderland at ASF \$30.00 | ___ Girl's Lock In \$32.00 | ___ The Formal \$4.00 per person |
| ___ Valentine Dance \$4.00 | ___ ASU Hoop Night \$30.00 | ___ Spring Camporee TBA |
| ___ Be My Valentine \$24.00 | ___ Lunch & Bowl \$15.00 | ___ TRC Awards Banquet FREE |
| | ___ Pump It UP \$30.00 | ___ Wheelchair Billiards Tournament TBA |

WELLNESS

- | | | | |
|-----------------------|-------------------------|---------------------------------|----------------------------------|
| ___ Open Lab | ___ AEP | ___ Individual Fitness Room | ___ Something for every Occasion |
| ___ Ask MTRC | ___ Have it Your Way | ___ Potluck Brunch | ___ Aqua Zumba Bash |
| ___ One - On - One | ___ TRC Spec's | ___ Wise Club | ___ Pre-Easter Shopping Trip |
| ___ Energize Me | ___ Family Splash | ___ That's what Friends Are For | ___ Spring Meet & Greet |
| ___ On the Move | ___ Wellness Assessment | ___ Simple Sewing Class | ___ Diabetes Classes |
| ___ Early Bird Series | ___ Stretch - n - Tone | ___ Senior Ceramics | |
| ___ Aqua Zumba | ___ Land Exercise | | 1 2 3 4 5 6 |

Method of payment: ___ Cash ___ Check # _____ Locker Fee _____ \$10.00 Locker # _____

Wellness Fee: _____ Late Fee: _____ \$5.00 Other Fee/s _____

Total Amount Due: \$ _____ Amount Received: \$ _____ Date Received: _____

Received By: _____ Receipt # _____ Receipt Given: ___ Yes ___ No

DATES TO REMEMBER

Sat., December 6, 2014.....	Spring Registration Begins
Fri., December 12, 2014.....	Spring Registration Ends
Tues., January 6, 2015.....	Spring Semester Begins
Mon., January 19, 2015.....	MLK Holiday (TRC Closed)
Fri., January 23, 2015.....	Hoop It Up (After-school programs cancelled)
Thurs., February 5, 2015.....	Valentine Dance (After-school programs cancelled)
Fri., February 6, 2015.....	Be My Valentine
Mon., February 16, 2015.....	President's Day (TRC Closed)
Fri., February 27, 2015.....	Girls Night Out
Fri., Mar. 6 - 7, 2015.....	Girl's Lock In
Mon., March 2, 2015.....	Alabama State University Hoop Night
Mon., March 24 - Fri., March 28, 2015.....	Spring Break
Wed., March 25, 2015.....	Pump it up & Other Adventures
Thurs., March 26, 2015.....	Lunch and Bowl
Fri., March 27, 2015.....	Hollywood Connection
Fri., April 3, 2015.....	Weather Day (After-school programs cancelled)
Fri., April 10, 2015.....	The Formal (After-school programs cancelled)
Fri., April 24-26, 2015.....	Camporee (After-school programs cancelled)
TBA.....	Wheelchair Billiards Tournament
Thurs., May 14, 2015.....	Awards Banquet (After-school Programs Cancelled)
Fri., May 15, 2015.....	Last day of After-school programs
Fri., May 15-17, 2015,.....	State Games (After-school Programs Cancelled)
Fri., May 22, 2015.....	School Ends
Mon., May 25, 2015.....	Memorial Day (TRC Closed)
Fri., May 30, 2015.....	Spring Semester Ends

Montgomery Therapeutic Recreation Center

604 Augusta Street

Montgomery, Alabama

334.240.4595

City Officials

Todd Strange, Mayor

Michael Briddell, Director of Public Information & Extra Affairs

Leisure services

Rob Spivery, Director

Fredrick Thomas, CTRS, Superintendent of Recreation

MTRC Staff

Wendy Dobbs, CTRS, Director

Coratio Vinson, Adapted Sports Coordinator

Ralphina Evans, Asst. Aquatics Coordinator

Pamla Tilghman, Creative Arts Coordinator

Deborah Duncan, Aquatics Instructor

Brad Ellis, General Recreation Instructor

Broderick Leonard, General Recreation Instructor

Sampson Cotton, General Recreation Instructor

Janie Norman, General Recreation Instructor

Carolynn Singleton, Secretary

Lytericka Gray, Custodian

Jeffery Barlow, Aquatics Coordinator

Joye Bigelow, Resource Lab Coordinator

Chris McNeil, General Recreation Coordinator

Deshanoe Ishman, CTRS, Asst. Creative Arts Coor.

Edward Wood, Aquatics Instructor

Kristy Harris, Transportation Coordinator

Tyjuan McMillan, Aquatics Instructor

Ralph Chrishon, General Recreation Instructor

Bo Taylor, General Recreation Instructor

DeCarlos Chrishon, Aquatics Instructor

David William, Custodian

Montgomery Therapeutic Recreation Center is a Facility of the City of Montgomery Leisure Services Department